ALL ABOUT OMPHALOCELE

O WARRIOR

WHAT IS AN OMPHALOCELE?

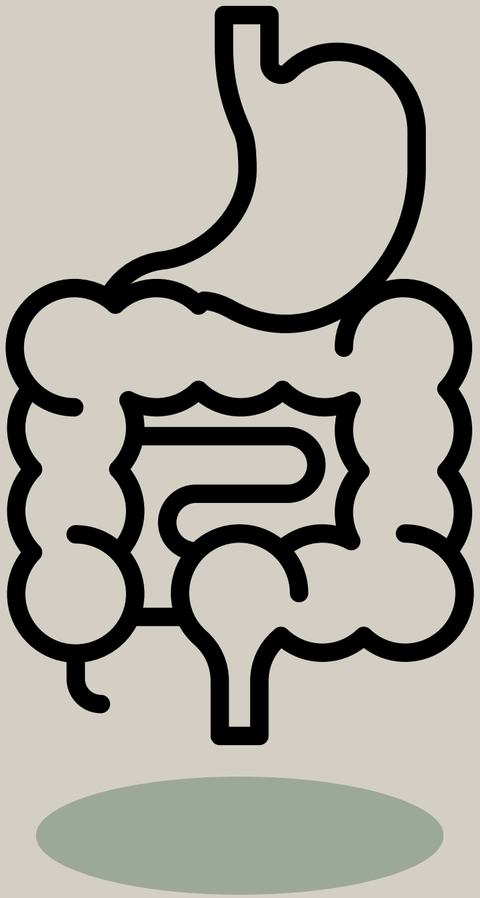


While babies are growing and before they are born, their stomach organs go out into the umbilical cord. They usually come back in the abdomen (tummy). When this doesn't happen, an omphalocele (also called an "O") occurs.

there are no known causes for omphaloceles.

omphaloceles are typically seen on an ultrasound.





Os fall under 3 categories: **small, large, and giant**. This is not determined by the actual size of the omphalocele, but rather by the organs that are inside of it.

"Small" Os contain only intestines, where large and giant Os contain liver and other abdominal organs.



How often do omphaloceles occur?

Small Os occur 1 in every 5,000 births.

Large and giant Os occur 1 in every 10,000 births.

How are omphaloceles treated?

Ompahloceles require a surgery to put the organs back into the abdomen and put the abdominal wall back together. Babies with small Os may have closure repair surgery soon after birth. Babies with large Os either do a staged repair or the "paint and wait" method.





Babies born with an Omphalocele usually spend time in a special part of the hospital, called the NICU. Doctors and nurses take good care of them until they are ready to go home.

When they get home they may have extra medical care. They may need special bandages, help breathing, or have a feeding tube.





Many people born with Omphalocele do not have a belly button because they were not born with one. Sometimes the doctors can add one later on. People born with an O will have usually have a long scar on their stomach after their closure surgery.

OMPHALOCELE AWARENESS DAY

JANUARY 31



Omphalocele Awareness Day is January 31 every year. This day is to celebrate people born with omphalocele and all they have overcome and accomplished - at all stages of their journeys.

Did you know?



the cow print is the ribbon for omphalocele Awareness.

















Here are some O Warriors!

O WARRIOR™

O Warrior is a not-for-profit organisation that helps families affected by an omphalocele diagnosis by being their destination for support, resources, education and awareness.

www.owarrior.org



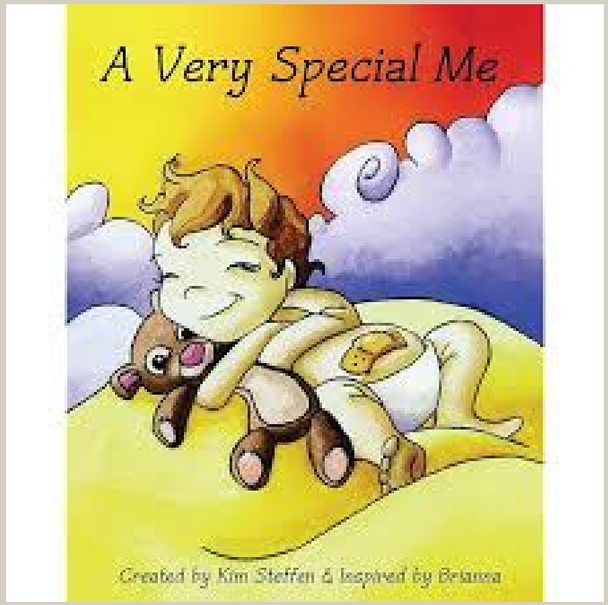


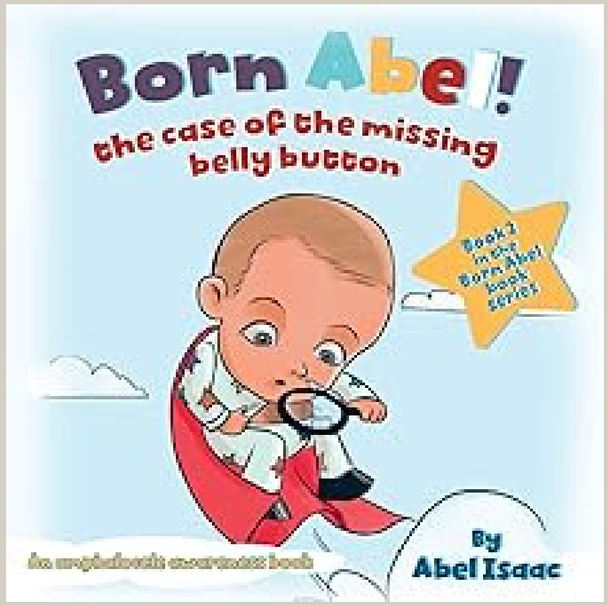


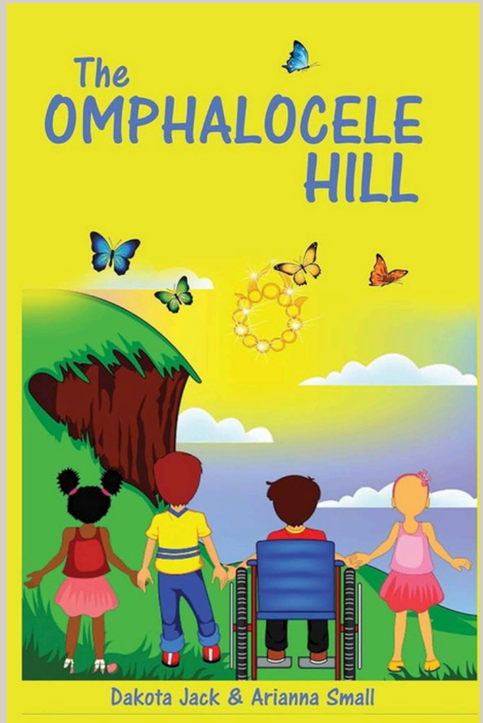
O Warrior provides pamphlets, grants and helps families get special car seats!

Did you know?

A patient with an Omphalocele was featured on the TV show "Grey's Anatomy".







there are also books about Omphaloceles.

THANK YOU!

